

In-State Residential Programs
By County

Job Corps

100A MacDonough Drive
Vergennes, VT 05491

Addison County

Intake Criteria: The student must have limited financial resources, be willing to train in a drug-free and alcohol-free environment and be a U.S. citizen, U.S. national, legal resident, permanent resident alien or other lawfully admitted alien.

Participants: Females and males ages 16 through 24.

Director: Tony Staynings

Admissions Counselor: 800-733-5627

Phone: 877-2922

Website: <http://northlands.jobcorps.gov/Home.aspx>

Program Description: Job Corps provides career guidance, job training, job placement and follow-up support. Students who enroll in Job Corps can earn a GED, learn a trade, take college level courses, prepare for higher education and gain the practical skills they need to succeed in the workplace. New England Job Corps offers academic training, including basic reading and math, GED attainment, college preparatory courses and English as a Second Language (ESL) courses. [Vocational training](#) is offered in more than 30 careers including Business, Computers, Health Occupations, Culinary Arts, Construction, Auto Mechanics and more. Advanced training courses are also available. Job Corps offers career planning, on-the-job training, job placement, center housing, driver's education, health and dental care, a spending and clothing allowance and meals.

Bennington School

192 Fairview Street
Bennington, VT, 05021

Bennington County

Intake Criteria: Children who deal with problems of serious physical and verbal aggression, defiance, delinquency, difficulty in relating to peers and adults, truancy, deviant sexual behavior, depression, running away, and impulsivity.

Participants: Females and males, ages 10 through 18.

Director: Jeff LaBonte

Phone: 802-447-1557 or 1-800-639-3156 (Admissions, Lisa Smith, Ext. 266)

Fax: 802-447-3234

Website: www.benningtonschoolinc.org

Email: admissions@benningtonschoolinc.org

Program Description: Male and female programs and residents are located on separate campuses in the Bennington area. Children who are referred to this program generally have failed in foster homes and other group residential settings and are in need of more intensive supervision and structure. The fundamental belief of the program is that structure and consistency in a nurturing environment can be a most effective therapeutic tool. All residents attend the on-grounds school which follows the public school calendar. There are home visits during vacation.

The Bennington staff is up-front with children. If a child is showing negative behavior, it is talked about in a private situation. Bennington claims children are given the benefit of the doubt. There are lots of social and structured activities. Children can get a job off school grounds. Bennington School does not celebrate Halloween—too frightening for some kids. The school

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looks like a campus and some of the facilities are quite nice. The students go on an annual trip to Florida. The school also has an adventure project to promote team-work and self-esteem, which is popular with the kids.

Depot Street

SEALLS, INC.

204 Depot Street,

Bennington, VT, 05201

Bennington County

Intake Criteria: disorderly/delinquent youth, many with substance abuse issues, in custody of the State of Vermont

Participants: Males, ages 13 through 18.

Director: Craig Mann

Program manager: Jim Henry

Phone: 442-6156

Fax: 447-2578

Email: 204depot@myfairpoint.net

Program Description: **Depot Street** program is located in a mixed residential/commercial area of Bennington and will accommodate a maximum of 8 residents. All residents will be considered to be in crises when they arrive at Depot Street and will be treated accordingly. Length of stay is 10 days. Behavior management for residents will be accomplished by the use of Reality Therapy and by establishing a positive peer culture within the program. Clear limits will be set for all residents. Upon his arrival each resident will receive a copy of the resident's handbook, which clearly states both expectations and behavioral limits. Consequences for exceeding these limits will be firm, fair and consistent. There is a tutorial program for all students. With approval residents can stay up 45 days for awaiting placement or assessment.

Average length of stay: 10-45 days

Staff to student ratio: 3:8

Level of Security: fire alarms, house checks by staff, awake overnight counselor

Referrals Statewide? Yes. DCF, etc...

Licensed capacity: 8 beds

Contracted capacity: 8 beds

Allenbrook NFI Program

100-102 Allen Road

South Burlington, VT, 05403

Chittenden County

Intake Criteria: DCF referrals, must be able to live in community based setting and be able to attend public schools (not a lock down facility).

Participants: Females and males, ages 12 to 18 who are in the custody of the State of Vermont.

Director: Jenn Snay

Phone: 658-1433 (Garrett House)

Fax: same as house numbers

E-mail: garrettab7@aol.com

Program Description: Allenbrook provides one co-ed group home for up to 8 youth. Allenbrook uses Teaching Family model with two teaching parents plus relief staff. Staff is certified by the National Teaching Family Association. The program is situated in a suburban neighborhood and uses community facilities and the public schools. The primary intervention

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used in the teaching interaction that utilizes praise, feedback, and consequences. A motivation system beginning with a daily point system and progressing to natural consequences is a critical program component. Youths earn their privileges in direct relation to their behavior. They get positive points for positive behavior and negative points for inappropriate behavior. While Teaching Parents prefer to work with Burlington area children they accept referrals state wide.

Parents that run houses try to become the educational surrogate parents. Allenbrook can provide some supervision that foster homes can't because it's more structured than a foster home. Most children have gone through the foster care system. Peers are expected to report on one another to keep each other safe, ie: if a resident sees someone doing something unsafe, they are expected to tell a staff person. After dinner family conferences occur to talk about any problems, concerns, successes or decisions that need to be made. There is very liberal home visitation. Children are encouraged to participate in after-school activities, hobbies, or part-time employment if appropriate. Allenbrook has an 'after-care component following the child's return home.

Average length of stay: 12 to 18 months, may stay longer or shorter

Staff to student ratio: 2:7, or sometimes more staff

Level of Security: pretty low, through teaching and supervision, but not through the structure of the building

Referrals Statewide? Yes, although teaching parents prefer children from the Bennington Area, they will take referrals state-wide.

Licensed capacity: 14 beds

Contracted capacity: 12 beds

Lund Family Center

76 Glen Road

P.O. Box 4009

Burlington, VT 05406-4009

Chittenden County

Intake Criteria: Those women who have children under the age of 5 who are not homicidal, suicidal, or in need of psychiatric help.

Participants: Females, 12 to 27, who either have children under the age of 5 or are pregnant.

Director: Kitty Bartlett coordinator for annual giving program, Jennifer Wolf, chief development officer

Intake: Lisa Anderson, Clinical intake, Jennifer D'Aiello, clinical coordinator

Phone: 864-1615 (general, after hours) or 864-7467 (switchboard)

Fax: 864-1619

Website: www.lundfamilycenter.org

E-mail: kittyb@lundfamilycenter.org

Program Description: The treatment program is an intensive program which offers support to young women who are seeking parenting skills and/or exploring parenting options and need a safe, supportive environment to live in while they learn information about parenting or adoption and work towards a transition to independent living and self sufficiency. The residential program frequently works in collaboration with other community service providers to provide parenting assessment, re-unification supervision and assessment, housing assistance, therapeutic intervention, and job skills training. Education programs include Alt Ed and GED.

Residents of the program participate in a variety of classes and therapeutic groups, including parenting classes, life skills and transitional living classes, as well as individual therapy and substance abuse treatment.

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Childbirth Education: all pregnant residents are offered childbirth education through an 8 week class

Pre and Post Natal Care: young women receive care from the nursing staff throughout their pregnancy such as health and nutrition education to medical case management and postpartum medical needs.

Pediatric Case Management: children range from infant to five years old. Nursing staff offers professional case management for the medical needs of the child.

Options Counseling: nonjudgmental options counseling to help pregnant and parenting young women to make the parenting choice that is best for them and their child. Women choosing adoption have access to Lund Family Centers Adoption program.

Educational Programs: *New Horizons*, offers educational opportunities tailored to the needs of pregnant teens and young mothers. This allows teen parents to return to public school and graduate with their peers. The *Learning Edge* offers G.E.D. and adult diploma instructions.

Parenting Education: offered to residents daily and to New Horizons day students. Small groups include subjects such as child development, bringing your baby home, multi-cultural issues and stress management.

Individualized Therapy: Clinical social workers team with other residential staff to offer therapeutic groups dealing with issues such as self-esteem, body image, substance abuse, independent thinking, anger management, parenting options and relationships. These small groups are confidential.

Drug & alcohol treatment program: this program provides confidential, woman-focused services to residents and outpatients working with Lund and their family members. Counselors provide assessment, consultation, treatment and referral services. Case management, parent education, and finally family and individualized counseling.

Residential treatment: 24 bed facility with 24 hour counseling staff, 2 assessments beds, on-site nursing staff, and access to comprehensive treatment services. Eligibility is restricted to pregnant and parenting young women with substance abuse and/or mental health diagnosis.

Teen Pregnancy Prevention Program: young women affiliated with Lund Family Center volunteer to visit schools and community agencies to talk about teen pregnancy. Some of the issues addressed are STDs, abstinence, relationships, physical safety and drug and alcohol.

Transitional Living Services: The coordinator works with residents to assist them in developing independent living skills or transitioning to a different environment. Individual case management is provided including assistance with job search, apartment hunting, using public transportation and becoming familiar with community resources.

Transitional Housing: Independence Place on Mansfield Avenue in Burlington, is a Lund program which provides transitional housing in individual studio apartments with on-site support for single women age 16-21 who are pregnant or parenting a child under 5. Subject to availability, Independence Place apartments are open to any qualifying young woman, whether or not she has participated in other Lund programs.

Northeastern Family Institute

VT intensive residential treatment program
9 Blair Park

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PO Box 1415
Williston, VT 05495

Shelburne House
771 Essex Road
Suite 1
Williston VT. 05495

VT Hospital Diversion Program
486 Main Street
Winooski, VT 05404

NFI
405 South Willard
Burlington, VT 05401

Chittenden County

Intake Criteria: Children in need of long-term intensive residential treatment with severe emotional and behavioral challenges.

Participants:

Williston: Females and males, ages 6 to 18, in foster care.

Winooski: females and males, ages 12-18

Director: Dr Meyers. Chuck (NFI Executive Director)

Pete Cudney (Director of Group Home)

Intake: David Melnick

Phone: residential: 658-2441

NFI main office: 658-0400

Shelburne house: 288-9710

Winooski: 655-883

Fax: Williston: 875-6197

Winooski: 655-8834

Website: www.nafi.com

E-mail: chuckmyers@nafi.com

Program Description: Provides children's services including hospital diversion, intensive residential treatment, therapeutic foster care, wraparound and case management services. NFI is the only community based children's mental health program with 24 hour psychiatry and masters level licensed clinicians.

Community and family based group home with family, group, and psychiatric consultation. The home works with a verity of children with a broad range of challenges. Many of the children they have worked with in the past have been dealing with issues of depression, post traumatic stress, attachment disorders, and thought disorders.

Shelburne House is a 3 bed facility that works with males who have neurological damage, autism, and/or severe emotional disorders. The program specializes in individualized intensive programs based on the foster care model. Students typically are at the Shelburne house between 1 and 1 ½ years. The program will work with those children who fit the above criteria and are also working with a substance abuse problem.

VT Hospital Diversion Program— The treatment program is designed to help children who struggle with serious emotional and behavioral issues to live productively at home,

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in foster homes, or within family-like group programs. The program is a short-term, intensive, clinical assessment program for adolescents and their families, who are experiencing an acute psychiatric crisis.

Average length of stay: residential: 10 months, diversion program: 7-0 days

Staff to student ratio: 1:2

Level of Security: staff secured

Referrals Statewide? Yes.

Licensed capacity: 6 beds

Contracted capacity: unknown

Rock Point School

1 Rock Point Road

Burlington, VT 05401

Chittenden County

Intake Criteria: Must read at 8th grade level, will likely not accept a student who had a violent or delinquent past.

Participants: Females and males, ages 14 to 19, grades 9-12.

Director: John Rouleau (headmaster)

Phone: 863-1104

Fax: (802) 863-6628

Website: <http://www.rockpoint.org/index.html>

Email: ledson@rockpoint.org
rps@together.net

Program Description: The Rock Point School program is designed to meet the needs of average to above average students who are experiencing difficulty in their current school setting and who need the structure and personal contact that are available in a small school community. School is directed toward students who are learning to get back on track and a few with Attention Deficit disorder. Classes average 6 to 12 students in size so students get individual attention. The school focuses on a curriculum of liberal arts programs including; English, history, science, mathematics, art and physical education with an emphasis on writing in all subjects. There is a reading and math tutor in the classroom at all times. Students learn to see computers as everyday tools for school work. The school also helps with support in the student's outside life. Art is a huge part of the program. There is an advisor who meets once a week with the student and contacts the student's parents once a week. There is a dormitory program to support, challenge and guide the student and there is a community service program. There are also intern and scholarship opportunities available. The school is governed by a board of trustees elected by the Diocesan Convention of the Episcopal Church in Vermont. It is accredited by New England Association of Schools and Colleges and Vermont State board of education approved.

Average length of stay: 2 ½ years

Staff to student ratio: 25:40 (total), 1:10 (class)

Level of Security: Open

Referrals Statewide? Yes. All over the US. Used to get DCF referrals, now they happen to be private referrals.

Licensed capacity: 36 beds, 6 day students

Contracted capacity: 6 beds

Woodside Juvenile and Rehabilitation Facility

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26 Woodside Drive East
Colchester, VT 05446
Chittenden County

Director:

Intake: Judy Christensen, Ph.D.
Clinical and Educational Director

Phone: 802 655-4990

Fax: 802-655-3095

Website:

Email:

Program Description: The Department for Children and Families (DCF) operates the Woodside Juvenile Rehabilitation Center. Woodside is primarily used for short-term detention and placement of youth who have been adjudicated delinquent; it also operates a secure treatment program. The detention wing of Woodside is designed for a maximum capacity of 16 youth.

While Woodside is intended to serve youth adjudicated delinquent and in the custody of the Commissioner of DCF, under certain circumstances it may be appropriate to utilize vacancies in the Woodside Detention program for youth who are the responsibility of the Department of Corrections (DOC)

At times, youth sixteen or seventeen years of age are placed in the custody of the Department of Corrections during the pendency of misdemeanor criminal proceedings. Federal and state laws prohibit the housing of youth who have not been convicted of a felony or who are not currently charged with a felony in facilities used for the incarceration of adults; DOC must make alternative arrangements for the detention of these minor detainees.

Infrequently, youth under the age of 16 are charged or sentenced in adult court for serious felony crimes. These youth may not be housed in adult facilities.

Average length of stay: 18 months

Staff to student ratio:

Level of Security: High

Referrals Statewide? yes .

Licensed capacity: 13

Contracted capacity: 13

Brookhaven Home For Boys

PO Box 127

Chelsea, VT 05038

Orange County

Intake Criteria: Many of the residents have school related problems, are unmanageable in their home and communities, explosive, aggressive (physically, verbally, sexually) or destructive.

Participants: Males, ages 6 through 14, who are victims of abuse, neglect and/or diagnosed with Emotional Behavioral Disorders. These boys may be experiencing clinical depression, suicidal thoughts/behaviors, chronic anxiety, problems with impulse control, or suffering from trauma in their lives.

Director: Anthony N. Iazzo

Intake: Tracy Crocker

Phone: 685-4458

Fax: 685-3094

Website: www.dioceseofvermont.org/Orgs/Brookhaven.html

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Email:

Program Description: The program offers the following treatment services: milieu therapy, group therapy, individual therapy, family therapy, psychiatric consultations and case management. These treatment services focus on the specific goal areas of: affect management, social skills, self-awareness, self-esteem, and family life skills. The overall program goal for each child is for him to develop the skills needed to successfully reintegrate into a family setting.

Brookhaven Residential Program: This is a residential program for boys who are victims of neglect and/or are diagnosed with Emotional Behavioral Disorders. The therapeutic milieu consists of a 24-hour structured environment that allows boys to gauge their progress daily through the “Level Lights” behavior management system.

Brookhaven Learning Center: In 1990, Brookhaven developed and received licensing for public school children grades K-8. The Brookhaven Learning Center, an independent school, offers a therapeutically oriented and family based educational curriculum for resident and day students. The children have been “isolates” for most of their learning experience. When they enter Brookhaven learning Center, one of the first goals is to have them belong to a team.

Therapeutic Summer Program: The family based approach to successful treatment includes academic and recreation throughout the summer. As part of the milieu, “good memory therapy” is incorporated into the summer at “Camp Fun”. An abundance of bad memories can be triggered by touches, smells, and sights. Each day, therapy includes a good memory of the day’s activity. This method of reflection connects thoughts and feelings to a positive experience using all the senses to form a “Good Memory”.

Average length of stay: 1 year

Staff to student ratio: 1:2

Level of Security: unknown

Referrals Statewide? Yes.

Licensed capacity: 10

Contracted capacity: 6.5

Valley Vista

23 Upper Plain

Bradford, VT 05033

(802) 222-5201 or (802) 222-5901; <http://www.state.vt.us/adap/valleyvista.htm>

Orange County

- Substance abuse treatment services
- Mental health with co-occurring substance abuse treatment services
- Medically managed detoxification assistance
- Opiate addiction treatment (Buprenorphine)
- Medically managed residential treatment, up to 3 months
- Women, Men and adolescents
- Payment: Medicare; VT Medicaid; private insurance; self payment; sliding fee scale available

Valley Vista is an 80 bed Alcohol and Chemical Dependency Treatment Center. Our staff offers comprehensive services for women, adolescents and their families. We believe that identifying and treating co-occurring mental health issues is vital to

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providing patients a firm platform to build a sober life style. Valley Vista offers intensive individualized comprehensive program approaches for women and adolescents. Our programs respect the dignity of patients and provide a safe tranquil setting conducive to recovery.

Psychiatric Services - Assessment and treatment is provided by a full time board Certified Psychiatrist and a Certified Psychiatric APRN with advanced training in child and adolescent treatment. Acute issues involving safety and stabilization are assessed and treated or evaluated for a higher level of care.

Medical Services - Under the supervision of the Valley Vista Medical Director and at times in consultation with family physicians our 24-hour nursing staff treats stable medical conditions and most minor acute illnesses or injuries. Major illnesses are referred to area facilities for consultation. Most patients return to treatment once stabilized.

Eckerd Youth Alternatives

Camp E-Wen-Akee

Wilderness Program at Eckerd Youth Alternatives

876 Root Pond Road

Benson, VT 05743

Rutland County

Intake Criteria: Males ages 10-17 who typically have poor academic performance, low self-esteem, and poor communications skills. They often have had difficulty in responding to structure and rules, have trouble in relationships with authority figures and peers, and may engage in unhealthy and risky behaviors.

Participants: Boys ages 10-17 with issues of substance abuse, sexual abuse, promiscuity, defiance and oppositional behavior, including aggression
Programs no longer takes girls or (boys with sexual issues.)

Participants: Males with issues of substance abuse, defiance and oppositional behavior, including aggression.

Director: (Kirk Cusic)

Intake: Kirk Cusic

Website: www.eckerd.org

Email:

Program Description:

“For many troubled young people, the first step to changing their lives is changing their environment. The Eckerd Wilderness Educational System is a year-round residential rehabilitative program that helps at-risk children reach their potential. Our approach, which blends proven wilderness adventure practices with established therapeutic techniques, meets the needs of the whole child and has achieved a remarkably low recidivism rate of less than 35 percent. And, despite an average stay of only 11 months, our young people’s grades improved dramatically – an average of 1.3 school years in reading and general knowledge and 1.2 school years in math. We are rehabilitative in our purpose and absolutely non-punitive in our approach. All our efforts are directed to the success of each young person. We are committed to improving life skills, improving academic performance, improving behavior and improving the future, one child at a time.” The Camp E program is improving their education standards to help better prepare youth for eventual transition back to mainstream school. Youth will work with a more individualized school program.

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Average length of stay: 12 months, depends on individual
Staff to student ratio: 2:10
Level of Security: Open
Referrals Statewide? Yes. Parents, DCF, schools.
Licensed capacity: 30
Contracted capacity: 21
Recidivism Rate: 26%

Mountain Side

Ludlow
228-7783
Intake: April Longely
Transitional Living Program up to 6-months
Family Reunification program – Counseling w/family 6 weeks

20 Mile Stream

Proctorville

226-7500
Intake: Joi Merritt
Girls 7 bed shelter program
Short-term up to open-ended

TLP up to 6-months

Family Reunification program – Counseling w/family 6 weeks

Easter Seals - for 16 – 22 year old women

P.O. Box 854
195 Stratton Road
Rutland, VT 05702-0854
Rutland County

641 Comstock Road
Berlin, VT 05602

DCF doesn't have a contract with them anymore..

Intake Criteria:

Participants: girls age 12-18

Director: Pamela Parker

Phone: (802) 775-4882

(802) 223-4744

Fax: (802) 775-8935

(802) 229-0848

Program Description:

Adult Rehabilitation: Whether through a disability, injury or illness, or because of functional limitations experienced in aging, Easter Seals' adult medical rehabilitation

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services -- including physical therapy, occupational therapy, and speech-hearing therapy - are the first step toward helping people with disabilities gain greater independence.

Camping & Recreation:

Camp is about all the things children and adults can do -- play basketball, canoe, sing, eat s'mores and more. Easter Seals New Hampshire's residential and day camping programs provide a safe, barrier-free environment for children and young adults to experience all aspects of camp without the usual limitations.

Children & Youth Services:

Providing Early Childhood (birth to age 3) and Children's Services, and Inclusive Child Development Day Care Program, and educational, residential, and vocational services to youth through age 21.

- Contracted with the State of Vermont to provide post-adoptive services; recently expanded to include referrals through State Adoption Contracts, and the Stateside Adoption Consortium, calling for the development of a separate Post-Adoption Program with a contract to serve over 100 children and families.
- Established an inclusive residential camping program for boys and girls, in collaboration with the Green Mountain Council, B.S.A.
- Established the Stratton Road Residential Treatment and Independent School Facility for up to 12 girls in Rutland, VT.

Community-Based and Residential Treatment Services for Adults

Facilitating the inclusion of individuals with developmental disabilities as active participants in their home community through a variety of activities; also individualized, community-based residential services.

Senior Services:

Extending Easter Seals' medical rehabilitation expertise, Easter Seals Adult Day Services meet daytime needs of adults with disabilities and older adults while promoting their dignity and independence. Easter Seals partners with families to ensure a continuation of their high-standards of care. Adult Day Services are only one component of Easter Seal NH's Caregivers Resource Center, a comprehensive package for caregivers and those they care for.

Special Education:

Addressing academic, social and behavioral challenges using a system of natural supports to motivate students to make appropriate choices. The Easter Seals Schools in Manchester and Lancaster provide special education opportunities with a fully accredited K-12 academic curriculum to students from all over the state.

Special Transit Service:

Enhancing the Independence of Adults with Disabilities, Older Adults, and Special Needs Students with Transportation Services. The Special Transit Service is the largest para-transportation service in the state, traveling over 1.75 million miles in the last year and completing more than 450,000 one-way trips.

Vocational Services:

Adults with disabilities looking for meaningful employment find training and placement opportunities through Easter Seals job training and employment services. Easter Seals staff helps people identify their employment goals and structure job training programs to meet these personal goals.

Average length of stay: approximately 12 months. But can go all the way up until 24 months.

Staff to student ratio:

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Level of Security:
Referrals Statewide?
Licensed capacity: 12 bed
Contracted capacity: 12 bed

The Park Street Program

The Baird Center for Human Services

77 Park Street Program

Rutland, VT 05701

Rutland County

Intake Criteria: SRS custody; Founded cases of sexual abuse; Offense does not require a locked facility; Offense behaviors cannot be treated through foster care or in the natural family with outpatient treatment; Evidence of obsessive pattern of sexually abusive behavior.

Participants: Males, ages 12 to 17, in need of treatment for sexual offenses.

Director: Shelly McGinnis

Phone: 775-9852

Fax: 775-6349

Website: www.howardcenter.org

Program Description: The program operates through a therapeutic milieu providing residents with a structured daily routine, life skills, community service, therapy groups, family therapy and models for pro-social behavior. The total environment (social, affective, personal, physical) of the treatment program is structured so that every interaction and activity is a therapeutic learning situation that significantly contributes to the attainment of treatment goals. There is individual therapy, group counseling, development counseling, advisor counseling, therapeutic recreation, therapeutic crisis intervention counseling, family therapy, team meetings/supervision/treatment conferences, educational services and medical services available.

99 Park Street is a 4 bed transitional program that takes about 4 to 8 months to complete. Specific treatment services and support is provided to enable the treated adolescent to obtain skills to ensure they avoid re-offending or harming others in the future. The specific mission of this program is to prepare residents for reintegration back into a community setting where they will further develop and apply the skills they have learned by demonstrating their commitment to be a safe, responsible member of the community.

Average length of stay: 18 to 24 month

(Long-term program)

Staff to student ratio: 4:10 (Long-term)

2:4 (Transitional)

Level of Security: Staff secured and equipped with alarm system.

Referrals Statewide? Yes, done by Case Review Committee through SRS.

Licensed capacity: 16 beds
(12 long term, and
4 short term)

Contracted capacity: 10 beds
(between the programs)

Onion River

Crossroads, Inc.

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111 Bliss Rd.
Montpelier, VT 05602
Washington County

Intake Criteria: unknown

Participants: Females and Males, ages 12 to 17.

Director: Suzanne Smith

Intake: Rick Smith

Phone: 229-2606

Fax: 223-4330

Email: ssblais@aol.com

Program Description: Onion River utilizes the Boys Town Teaching Family Model as a means of reinforcing positive behavior and providing alternatives to maladaptive behavior. All of the girls are originally on a point system and earn privileges by engaging in specified levels of appropriate behavior. The points become less of a focus and natural consequences become the vehicle for addressing behavior. Weekend visits are a critical part of the program.

Washington County Mental Health Services

PO Box 647

Montpelier, VT 05601

(802) 229-0591 fax: (802) 223-8623, Web: <http://www.wcmhs.org/Index.html>

Washington County

WCMHS provides comprehensive, community-based services to adults with serious and persistent mental illness; developmental disabilities, mental retardation and autism; children with severe emotional disturbances and their families; children and adults with acute behavioral problems and a wide range of other challenging behaviors.

Services include individualized residential and day treatment and are provided not only to the citizens of Vermont, but to individuals referred by other states and countries.

Our Special Services Division serves Individuals and Agencies in North America by providing innovative direct services, training, and consultation to improve service delivery systems.

Please select the Programs in the navigation bar to your left for a detailed description of our services.

Community Rehabilitation and Treatment

The **Community Rehabilitation and Treatment (CRT) Program** - has offices in Montpelier, Barre and Waterbury. The effects of serious and persistent mental illness, coupled with institutionalization, create special problems and needs for adults who seek services from the CRT Program. WCMHS offers the following programs to this special group of clients.

The **CRT Outpatient Program** - provides a comprehensive set of Case Management and Counseling Services to clients with long-term, serious mental illness. The ASSIST TEAM is part of Case Management Services. Assist Staff provide temporary assistance to primary case managers when a client needs more support than usual, as in a crisis situation.

The **Rehabilitation Team** - provides community-based psychosocial rehabilitation. Their goal is to help clients gain the skills needed to become functioning community members. A group of paraprofessionals called Support Workers are on-call to provide extra support or assistance on an as-needed basis.

The **Dialectic Behavioral Therapy (DBT) Program** - helps clients with diagnoses of Borderline Personality, Post Traumatic Stress Disorder, Dissociative Reaction, and Multiple Personality replace serious maladaptive and life-threatening attitudes and actions with healthy behavior. The program teaches life skills through the use of specialized clinical techniques. Referrals to the program are made by WCMHS treatment staff, and admission into the program follows an in-

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depth diagnostic interview and orientation. A one-year commitment is required on the part of the individuals accepted by the program.

Day Treatment Centers - offer a wide range of emotional, rehabilitative, social and recreational programs designed to enhance each client's ability to integrate into the community and lead independent and productive lives.

Green Mountain Rehabilitation Services - concentrates on vocational activity and supported and competitive employment, with clients working toward the goal of achieving independence in the marketplace.

Residential Programs - ranging from group homes to supervised apartments, provide housing supports, design activities and promote social interaction, personal development, and independent living skills. Services are designed to enhance skills of the residents in taking care of themselves and to motivate them to want to become more independent in their residential settings.

Residential programs include Odin House, Evergreen House (girls mini-micro programs); Skyline Program (boys mini-micro, SO treatment program), and Crescent House for boys in East Montpelier. All Washington County mental health programs are located in Washington County.

Community Resource Development - provides services to clients living in the community. A client-run Telephone Support Line is available during the evening and weekend hours. Gather Program Volunteers provide access to events, persons, groups and places not otherwise easily available to clients. Affordable Housing and Consumer Involvement are also important aspects of the 'Caring Community' made available through this series of programs.

Phoenix House *

167 Main Street

Suite 208

Brattleboro, VT 05301

Windham County

*No longer have a contract with this program

DCF doesn't use them

Intake Criteria: Adult program is in VT, juvenile program is in NH, see web page for details

Participants:

Director: Christopher Wesolowski

Phone: (802) 257-1147

Fax: (802) 257-1838

Website: www.phoenixhouse.org

Email:

Program Description: Vermont residents are eligible for our residential program in Dublin, New Hampshire. At Phoenix House, long term residential treatment gives men and women from all walks of life a second chance. The programs are tailored to meet the needs of the individual and focus on preparing for productive, self-sufficient, drug-free lives. It also offers educational programs and vocational training to help clients get back on their feet. Before completing the program, clients must establish gainful employment or enroll in a vocational training program and secure housing in a stable, sober environment.

Short Term Residential

Vermont residents can also receive treatment the Phoenix House Keene Center in New Hampshire. The Center offers a range of services including crisis intervention for those at high risk of using drugs or relapsing; a sobriety maintenance program; and clinically managed detoxification from alcohol or other drugs. Help is available 24 hours a day, seven days a week. For more information contact: (603) 358-4041

RISE

In-State Residential Programs By County

The RISE (Recovery in an Independent, Sober Environment) program in Brattleboro offers a three to six month transitional living program for working adults in need of a stable environment while continuing their recovery in outpatient treatment. The program features weekly recovery groups, individual therapy, and self-help meetings. RISE is also open to those who have completed treatment and need additional support while transitioning into the community. For more information contact: (802) 257-4677

Average length of stay: unknown
Staff to student ratio: unknown
Level of Security: unknown
Referrals Statewide? Yes.
Licensed capacity: 7 beds
Contracted capacity: 6 beds

Brattleboro Retreat : Retreat Healthcare

75 Linden Street
P.O. Box 803
Brattleboro, VT, 05302
Windham County

Intake Criteria: Children and adolescents who suffer from eating disorders, mood disorders, severe depression, anxiety disorders, post traumatic stress disorders, personality disorders, and/or addictions.

Participants: Females and males, ages 6 to 18.

Director: Fritz Engstrom (medical director)

Dr. William Knorr (director of child and adolescent services)

Phone: 1-800-RETREAT

Fax: 802 258 3791

Website: www.brattlebororetreat.org

Program Description: Retreat Healthcare encompasses the Brattleboro Retreat Hospital as well as numerous other programs and resources for adolescents and children, including: inpatient treatment; acute, short-term stabilization, individualized treatment and discharge planning, partial hospitalization.

CHILD

Abigail Rockwell Residential Center is a long-term residential treatment program for boys and girls ages 6 through 13 with severe behavioral, emotional, psychiatric, school, and family problems. The program helps children develop coping skills and practice safer ways to deal with their families and communities. The staff to resident ratio is 3 to 1. Most of the residents are diagnosed with mood disorders, eating disorders, substance abuse, attachment disorders, sexual abuse, and/or sexual reactivity. They often exhibit self-destructive or endangering behavior that does not allow them to function appropriately in family, school, or community settings.

Adolescent Residential Program is a behaviorally based program providing intensive psychiatric care in residential setting for females and males, ages 12 through 18, who show symptoms of psychiatric and behavioral problems. Each of the units, boys, girls, and coed, are staff secured and continuously supervised. Adolescents typically show symptoms of a variety of psychiatric behavioral problems, including assaultive or self-destructive behaviors, coexisting substance abuse, affective disorders, oppositional defiant disorders, and post-traumatic stress disorder. The average length of stay is 6 to 9 months.

In-State Residential Programs By County

The Meadows Educational Center is an onsite, fully accredited K- 12 school. The average length of stay is 3 months. The program is open to students 6 through 21 who have not yet completed high school. With a flexible, personalized approach, the program assesses each student's particular needs and formulates an appropriate education plan. The goal is to ensure that every student is prepared to be a lifelong learner capable of being a positive, contributing member of society.

The Tower Program is a non-clinical educational alternative for adolescents, ages 12 through 19, who may be at risk of dropping out of or being asked to leave school due to behavioral problems, attention deficit issues, and general learning problems. Students pursue practical hobbies, information, and work experience at various workplace settings in the community.

The Crossroads Partial Hospitalization Program offers two distinct tracks, one for children and one for adolescents. Both provide short-term, intensive psychiatric care for females and males ages 6 through 18 who exhibit a pattern of severe psychiatric symptoms, behavioral problems, substance abuse, and/or severe developmental delays and who need the stability of a partial hospitalization program rather than outpatient visits. Typically children 6 through 11 are troubled by latency period issues, such as trauma, depression, separation anxiety, attention deficit disorders, behavioral disorders, bipolar disorders and psychiatric disorders. Adolescents ages 13 through 18 are using dealing with issues such as puberty, psychotic disorders, and alcohol and drug abuse. Children between 11 and 13 usually fall into either category. Children who are acutely homicidal, or suicidal, who exhibit acute psychiatric symptoms, or require detoxification are not admitted.

Child & Adolescent Inpatient Services program is a short-term, specialized 24-hour care program for children and adolescents ages 6 to 18 with severe emotional, behavioral, and/or addictive disorders. Patients who require this program are typically diagnosed with depression, suicidal tendencies, conduct disorders, bipolar disorders, obsessive-compulsive disorders, eating disorder, anger management issues, and/or chemical dependency. The program has a staff-to-patient ratio of 3:1, and a total of 25 beds.

ADULT

Anna Marsh Behavioral Care provides comprehensive outpatient services: evaluation and assessment, traditional and specialized psychotherapies, consultation and education, treatment for brain dysfunction (through REHABIT), and eating disorder, cognitive, and forensic services.

Anna Marsh Behavioral Care Clinic is a comprehensive outpatient treatment center with a staff of psychiatrists, psychologists, social workers and psychiatric nurses providing services for children, adolescents, adults and older adults.

Retreat Healthcare is able also to draw upon the services of other professionals such as nutritionists, expressive and creative arts, therapists and certified chemical dependency counselors. Services at Anna Marsh Behavioral Care Clinic are divided into three distinct components: Evaluation and Assessment, Traditional and Specialized Psychotherapies, Consultation and Education

In-State Residential Programs
By County

The Adult Inpatient program is a short-term, specialized 24-hour care program for adults 18 and older with severe emotional, behavioral, and/or addictions disorders. The length of stay is generally from seven to 10 days. Planning for discharge and aftercare begins immediately upon admission to ensure that the patient, family, and other caregivers are prepared for a smooth transition back into the community. With a high staff-to-patient ratio, it provides a homelike environment of personalized and flexible care.

Adult Partial Hospitalization & Hospital Outpatient Services: Retreat Healthcare offers short-term, intensive psychiatric care and addictions services for adults who exhibit a pattern of severe psychiatric symptoms, behavioral problems, and/or substance abuse and who need the stability of a partial hospital program. The multidisciplinary treatment program is flexible and personalized, addressing all areas of an individual's life-familial, social, and interpersonal. For those coming from an inpatient setting, the Retreat Healthcare's adult partial hospitalization service can provide an important link back to living at home and in the community. For those coming from outpatient treatment, partial hospital and hospital outpatient program can provide needed stabilization that can deter inpatient hospitalization. Clients taking part in partial hospital and hospital outpatient services must be able to demonstrate a level of personal control over their functional liabilities. For every individual, the goal is to attain a level of functioning at which he or she can return to a normal, day-to-day environment with minimal assistance.

Starting Now is an outpatient addictions treatment program dedicated to helping people reach recovery. It is the only intensive outpatient program within a 60-mile radius of Brattleboro that has operated for more than nine consecutive years. Individuals whose lives are adversely affected by alcohol or drug use come to us, ready to make the commitment to help themselves with our support and structure. Historically, addictions treatment meant a 28-day hospital visit. Today, Starting Now participants live at home and attend to family and work responsibilities while taking part in a regular schedule of day or evening intensive outpatient therapy. At all times, our program is based on honesty, integrity, and confidentiality.

Average length of stay: See specific program above.

Staff to student ratio: See specific program above.

Level of Security: Staff secured.

Referrals Statewide? Yes. SRS, private.

Licensed capacity: unknown

Contracted capacity: unknown

Vermont Center for the Deaf & Hard of Hearing

William Center

209 Austine Drive, Suite 310

Brattleboro, VT 05301

Windham County

Phone: (802) 258-9500

Fax: (802) 254-3921

Web: <http://www.vcdhh.org/index.php>

In-State Residential Programs
By County

Contact information:

Dr. Anne Potter, Director of The Austine School for the Deaf

1-802-258-9576 (TTY)

apotter@vcdhh.org